

# Cheat Sheet:

*Peru*



Spanish, Quechua, Aymara



Peruvian Soles



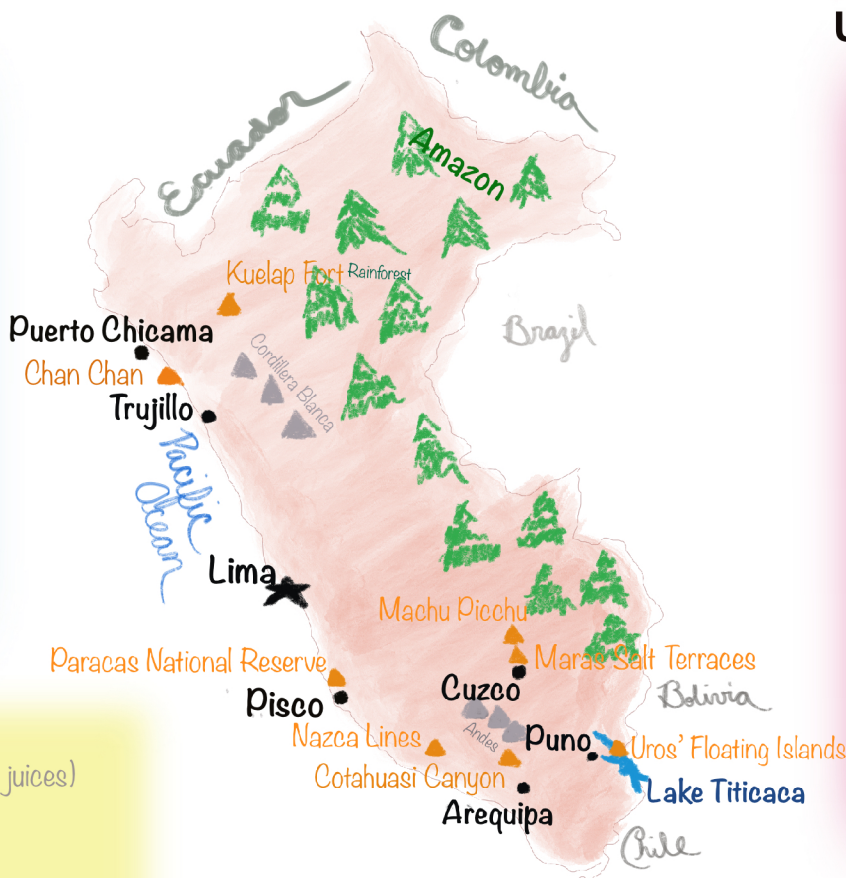
PET (UTC - 5)



220 volts

## Points of Interest:

- Machu Picchu
- Sacred Valley of the Incas
- Plaza de Armas of Cusco
- Rainbow Mountain
- Lake Titicaca
- Cotahuasi Canyon
- Red Beach of Paracas
- Barranco and Miraflores neighbourhoods of Lima
- Nazca Lines
- Chan Chan
- Kuelap Fort
- Amazon



## Useful Phrases:

- ¡Hola!  
(Hello!)
- Por favor  
(Please)
- Gracias./No, gracias.  
(Thank you./No, thank you.)
- Con permiso/Lo siento  
(Excuse me. /I'm sorry.)
- ¿Dónde está el baño?  
(Where is the bathroom?)
- No entiendo.  
(I don't understand.)
- Adiós.  
(Goodbye.)

## Foodie Checklist:

- Ceviche  
(fresh seafood cured in citrus juices)
- Pisco Sour  
(cocktail invented in Lima)
- Aji de Gallina  
(creamy chicken stew)
- Lomo Saltado  
(Peruvian stir fry)
- Papa a la Huancaína  
(potatoes blanketed in huancaína sauce)
- Picarones  
(deep-fried squash or sweet potato dough)
- Jugo de Maracuya  
(passionfruit juice)

## Tipping:



10%



5-10 USD  
/ Day



5 USD

Tour Guide/ Day



1 USD

Bell Hop / Bag

## Things to consider:

Altitude sickness could occur at elevation levels over 2,500 m above sea level. You are likely to reach this height during your trip. Plan accordingly!

## Major Airports:

- Callao
- Cusco
- Jaen
- Juliaca
- Pisco
- Piura
- Pucallpa
- Talara
- Trujillo